

VALLEY CONFERENCE YOUTH CROSS COUNTRY OPEN MEETS

DATES: Saturday, September 10, 2011 @ 8:30 a.m. @ O'Melvany Park
Saturday, September 17, 2011 @ 8:30 a.m. @ Pierce College (*Invitational Meet)
Saturday, September 24, 2011 @ 8:30 a.m. @ Corriganville Park
Saturday, October 1, 2011 @ 8:30 a.m. @ El Cariso Park
Saturday October 8, 2011 @ 8:30 a.m. @ Cresenta Valley Park

TIME: Walk through will begin at 08:00 a.m. and the first race will be at 08:30 a.m.

DIVISIONS & DISTANCE:

GREMLIN (SUB-BANTAM)	(Born in 2003 or later)	2000m (1.2 miles)
BANTAM	(Born 2001 or 2002)	3000m (1.8 miles)
MIDGET	(Born 1999 or 2000)	3000m (1.8 miles)
YOUTH	(Born 1997 or 1998)	4000m (2.4 miles)
INTERMEDIATE	(Born 1995 or 1996)	4000m (2.4 miles)

ENTRY FEES: Five Dollars (\$5.00) per athlete. (*Invitational Meet: \$5.00 individuals, No Team fees for competitive teams of 3 athletes min 5 max same gender same age group).

PRE-REGISTRATION: please send athlete rosters on attached form and email to alanbingham@runstorm.org

REGISTRATION DAY OF MEET: Begins at 07:45a.m. and ends at 08:15 a.m.

INFORMATION: For more information email Ron McGee at rmcgeeco@yahoo.com, or call H. (818) 416-3285 Or visit our website at www.vyc-xc.org